

Public Speaking - Introduction

Whether speaking at a meeting or public event, the ability to plan, structure and present information is an essential skill.

This programme is ideal for members who are newer to speaking in public, and who would benefit from developing their confidence and speaking style.

Programme Objectives

By the end of this programme delegates will be able to:

1. Plan and structure information
2. Demonstrate confidence as a speaker
3. Use positive non-verbal behaviour
4. Manage voice and tonality.

Further Information

The programme focuses on how to prepare and present a structured, and well-pitched presentation, as well as hints and tips for contributing at meetings. There will be some gentle opportunities for practice.

Duration: Two hours